


PRAIRIE VALLEY ISD

Breakfast & Lunch Menu November 2015

	11/2/2015	11/3/2015	11/4/2015	11/5/2015	11/6/2015	
Cycle Week 2	<p>BREAKFAST: Biscuits & Sausage w/Gravy or "Fruit Loops" Cereal, H. Graham, Fresh Apple, Majestic Pears, Slushy, Juice, Milk</p> <p>LUNCH: Hamburger or Italian Antipasto Salad w/Salami or Healthy Sack Lunch w/Bologna & Cheese</p> <p>French Fries, Lettuce Topping, Fresh Apple, Majestic Pears, Slushy, Milk</p>	<p>BREAKFAST: Cinnamon Toast w/Sausage or "Lucky Charms" Cereal w/Sausage, Fresh Watermelon, Mixed Fruit, Slushy, Juice, Milk</p> <p>LUNCH: Chicken Fried Steak w/Gravy or Fajita Chicken Salad or Healthy Sack Lunch w/Turkey & Cheese</p> <p>Mashed Potatoes w/Gravy, Pinto Style Beans, Fresh Watermelon, Mixed Fruit, Slushy, Milk</p>	<p>BREAKFAST: Mini Corndogs or "Cinn. Toast Crunch" Cereal, H. Graham, Fresh Orange, Pineapple Tidbits, Slushy, Juice, Milk</p> <p>LUNCH: Tony's Pepperoni Pizza or Garden Pasta Salad or Healthy Sack Lunch w/Ham & Cheese</p> <p>Buttered Corn, Baked Beans, Fresh Orange, Pineapple Tidbits, Slushy, Milk</p>	<p>BREAKFAST: Pancakes w/Syrup or "Cocoa Puffs" Cereal w/Sausage, Fresh Grapes, SB Applesauce, Slushy, Juice, Milk</p> <p>LUNCH: Popcorn Chicken or Fajita Chicken Salad or Healthy Sack Lunch w/PB&J</p> <p>Sweet Potato Tots, Pork & Beans, Fresh Grapes, Strawberry Applesauce, Slushy, Milk</p>	<p>BREAKFAST: Cinnamon Roll w/Sausage or "Trix" Cereal, H. Graham, Fresh Banana Cinn. Apple Slices, Slushy, Juice, Milk</p> <p>LUNCH: Szechuan Chicken or Chef Salad w/Deli Meats or Healthy Sack Lunch w/Combo Deli Meats</p> <p>Carrot Sticks w/Ranch, Green Beans, Fresh Banana, Cinn. Apple Slices, Slushy, Milk</p>	
Cycle Week 3	<p>BREAKFAST: Pork Sausage Biscuit or "Fruit Loops" Cereal, H. Graham, Fresh Apples, Mixed Fruit, Slushy, Juice, Milk</p> <p>LUNCH: State Fair Corndog or Italian Antipasto Salad w/Salami or Healthy Sack Lunch w/Bologna & Cheese</p> <p>Sweet Potato Tots, Green Beans, Fresh Apple, Mixed Fruit, Slushy, Milk</p>	<p>BREAKFAST: Mini Cinnamon Cheese Bagets or "Lucky Charms" Cereal, H. Graham, Fresh Banana, SG Applesauce, Slushy, Juice, Milk</p> <p>LUNCH: Grilled Chicken Sandwich or Fajita Chicken Salad or Healthy Sack Lunch w/Turkey & Cheese</p> <p>French Fries, Pork & Beans, Fresh Banana, Sour Green Applesauce, Slushy, Milk</p>	<p>BREAKFAST: Breakfast Pancake Wrap or "Cinn. Toast Crunch" Cereal w/Sausage, Fresh Grapes, Cinn. Apple Slices, Slushy, Juice, Milk</p> <p>LUNCH: Chicken Fajita Tacos or Garden Pasta Salad or Healthy Sack Lunch w/Ham & Cheese</p> <p>Mexicali Corn, Lettuce Topping, Fresh Grapes, Cinn. Apple Slices, Slushy, Milk</p>	<p>BREAKFAST: Blueberry Mini Loaf or "Cocoa Puffs" Cereal, H. Graham, Fresh Watermelon, Peaches, Slushy, Juice, Milk</p> <p>LUNCH: Chicken Tenders w/Gravy or Fajita Chicken Salad or Healthy Sack Lunch w/PB&J</p> <p>Mashed Potatoes w/Gravy, Green Beans, Fresh Watermelon, Peaches, Slushy, Milk</p>	<p>BREAKFAST: Breakfast Pizza w/Sausage or "Trix" Cereal, H. Graham, Fresh Banana, SB Applesauce, Slushy, Juice, Milk</p> <p>LUNCH: Tony's Pepperoni Pizza or Chef Salad w/Deli Meats or Healthy Sack Lunch w/Combo Deli Meats</p> <p>Sweet Potato Tots, Baked Beans, Fresh Banana, Strawberry Applesauce, Slushy, Milk</p>	
Cycle Week 4	<p>BREAKFAST: Biscuits & Sausage w/Gravy or "Fruit Loops" Cereal, H. Graham, Fresh Grapes, Mixed Fruit, Slushy, Juice, Milk</p> <p>LUNCH: Classic Hamburger or Italian Antipasto Salad w/Salami or Healthy Sack Lunch w/Bologna & Cheese</p> <p>French Fries, Lettuce Topping, Fresh Grapes, Mixed Fruit, Slushy, Milk</p>	<p>BREAKFAST: Cinnamon Toast w/Sausage or "Lucky Charms" Cereal w/Sausage, Fresh Apple, Majestic Pears, Slushy, Juice, Milk</p> <p>LUNCH: Chicken Nuggets w/Gravy or Fajita Chicken Salad or Healthy Sack Lunch w/Turkey & Cheese</p> <p>Mashed Potatoes w/Gravy, Green Beans, Fresh Apple, Majestic Pears, Slushy, Milk</p>	<p>BREAKFAST: Mini Corndogs or "Cinn. Toast Crunch" Cereal, H. Graham, Fresh Orange, Cinn. Apple Slices, Slushy, Juice, Milk</p> <p>LUNCH: Tony's Pepperoni Pizza or Garden Pasta Salad or Healthy Sack Lunch w/Ham & Cheese</p> <p>Buttered Corn, Sweet Potato Tots, Fresh Orange, Cinn. Apple Slices, Slushy, Milk</p>	<p>BREAKFAST: Pancakes w/Syrup or "Cocoa Puffs" Cereal w/Sausage, Fresh Watermelon, Peaches, Slushy, Juice, Milk</p> <p>LUNCH: Baseball Park Hot Dog or Fajita Chicken Salad or Healthy Sack Lunch w/PB&J</p> <p>French Fries, Baked Beans, Fresh Watermelon, Peaches, Slushy, Milk</p>	<p>BREAKFAST: Cinnamon Roll w/Sausage or "Trix" Cereal, H. Graham, Fresh Banana, Watermelon, Peaches, Slushy, Juice, Milk</p> <p>LUNCH: Bean & Cheese Burrito or Chef Salad w/Deli Meats or Healthy Sack Lunch w/Combo Deli Meats</p> <p>Sweet Potato Tots, Refried Beans, Fresh Banana, Strawberry Applesauce, Slushy, Milk</p>	
Cycle Week 1	<p>BREAKFAST: Pork Sausage Biscuit or "Fruit Loops" Cereal, H. Grahams, Fresh Grapes, Mixed Fruit, Slushy, Juice, Milk</p> <p>LUNCH: Tasty Rib Sandwich or Italian Antipasto Salad w/Salami or Healthy Sack Lunch w/Bologna & Cheese</p> <p>French Fries, Lettuce Topping, Fresh Grapes, Mixed Fruit, Slushy, Milk</p>	<p>BREAKFAST: Mini Strawberry Cheese Bagel or "Lucky Charms" Cereal, H. Graham, Fresh Watermelon, Pineapple, Slushy, Juice, Milk</p> <p>LUNCH: Frito Chili Pie or Fajita Chicken Salad or Healthy Sack Lunch w/Turkey & Cheese</p> <p>Buttered Corn, Pinto Style Beans, Fresh Watermelon, Pineapple Tidbits, Slushy, Milk</p>	<p>Thanksgiving Holiday</p>		<p>Thanksgiving Holiday</p>	
Cycle Week 2	<p>BREAKFAST: Biscuits & Sausage w/Gravy or "Fruit Loops" Cereal, H. Graham, Fresh Apple, Majestic Pears, Slushy, Juice, Milk</p> <p>LUNCH: Hamburger or Italian Antipasto Salad w/Salami or Healthy Sack Lunch w/Bologna & Cheese</p> <p>French Fries, Lettuce Topping, Fresh Apple, Majestic Pears, Slushy, Milk</p>					
		<p>CHILD NUTRITION DEPARTMENT " MENU IS SUBJECT TO CHANGE "</p> <p>"Meal Benefit Applications" are available online, the campus cafeteria, or campus office. For more information on the School Nutrition Department, please visit our district website.</p> <p>The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.</p>				